



United Way
Calgary and Area



Agency Information	Programs Funded by United Way & Okotoks Partnership - 2026
<p>Calgary Catholic Immigration Society/Foothills Community Immigration Services</p>	<p><u>Newcomer Youth Connecting with the Community</u> This program addresses barriers to successful settlement for newcomer youth, including isolation, language challenges, and limited social networks. It provides opportunities for youth to build connections, share lived experiences, and access information about local services and Canadian culture to strengthen inclusion, belonging, and community integration for youth.</p> <p>Okotoks Social Needs Priority: Community awareness & engagement United Way Area of Focus: Social Inclusion</p>
<p>Christ the Redeemer Catholic Schools</p>	<p><u>The Connections Program</u> This program provides relationship-based support for students experiencing behavioural, social, or emotional challenges. Offered in schools, staff work alongside students, families, and school teams to identify underlying needs and strengthen coping, engagement, and connection. It aims to reduce disengagement and supports positive school participation through early intervention and mentorship.</p> <p>Okotoks Social Needs Priority: Accessibility & Inclusive Services United Way Area of Focus: Mental Health</p>



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<p>Community Chaplain Services Canada</p>	<p><u>Music and Memory Program</u> This program uses music and facilitated group singing to mental engagement, memory recall, and social connection among senior's living in long-term care. It encourages storytelling and shared experience to reduce isolation and strengthen relationships and enhances emotional well-being and community engagement.</p> <p>Okotoks Social Needs Priority: Strengthening Community Connection United Way Area of Focus: Social Inclusion</p>
<p>Dr. Morris Gibson (DMG) Fundraising Committee</p>	<p><u>Sensory Room</u> This project is an expansion (Phase 2) of a school-based sensory space to better support students experiencing emotional dysregulation, anxiety, grief, and sensory processing challenges. It adds targeted tools and resources informed by student and staff needs. It plans to extend the use of this space beyond school hours by offering the space to other community agencies who offer mental health supports.</p> <p>Okotoks Social Needs Priority: Accessibility & Inclusive Services United Way Area of Focus: Mental Health</p>



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Foothills Advocacy in Motion Society (FAIM)

Okotoks Shredding Program

This program provides supported, paid employment for individuals with disabilities through a community shredding service. It builds workplace skills such as equipment operation, safety, time management, and task completion while offering an affordable service to the community, thus promoting inclusion, skill development, and environmental responsibility through recycling practices.

Okotoks Social Needs Priority: Accessibility & Inclusive Services

United Way Area of Focus: Socioeconomic Well-Being

**Foothills School Division: Outreach Services,
Cameron Crossing School**

Wellness and Wellbeing Program

This program provides a safe, supportive environment that helps students build on their strengths, develop academic and life skills, and connect with positive adult and community supports. Through personalized programming, mental health support, and mentorship, the goal is to help students complete high school, pursue further education or employment, and become confident, contributing members of the community.

Okotoks Social Needs Priority: Strengthening Community Connections

United Way Area of Focus: Socioeconomic Well-Being



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<p>Inclusion Foothills Association</p>	<p><u>Family Support Program</u> This program provides individualized support to individuals with disabilities and their families through system navigation, advocacy, and peer connection. It builds confidence, strengthens support networks, and promotes inclusion across life stages, including transitions to adulthood.</p> <p>Okotoks Social Needs Priority: Accessibility & Inclusive Services United Way Area of Focus: Socioeconomic Well-Being</p>
<p>Okotoks Family Resource Centre (OFRC)</p>	<p><u>Okotoks Family Resource Centre:</u> This program offers confidential assessments, referrals, individual walk-in support, and outreach services to help residents navigate social systems and connect with appropriate community or government resources. OFRC services aim to remove barriers, support problem-solving, and ensure access to resources needed for physical health, mental well-being, financial stability, and social inclusion.</p> <p>Okotoks Social Needs Priority: Community Affordability United Way Area of Focus: Socioeconomic Well-Being</p>



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<p>Okotoks Food Bank Association</p>	<p><u>Meal Starter Kit:</u> This project reduces barriers to food security through expanded meal starter kits and educational resources. It supports individuals and families to prepare affordable, nutritious meals and build food literacy skills with the intention to move beyond emergency food support toward long term food stability.</p> <p>Okotoks Social Needs Priority: Community Affordability United Way Area of Focus: Socioeconomic Well-Being</p>
<p>Rowan House Society</p>	<p><u>Preventative Education Program</u> This program offers preventative education sessions to children and youth that builds awareness of healthy relationships, communication, and personal boundaries. It also includes a healthy relationships group to support adults in developing awareness and understanding of healthy relationships. It supports individuals and communities to recognize risks early and respond safely.</p> <p>Okotoks Social Needs Priority: Accessibility & Inclusive Services United Way Area of Focus: Healthy Relationships</p>



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Solace Grief Support Society

Individual Grief Counselling

This program provides accessible, professional counselling for individuals experiencing grief and loss. It supports emotional processing and coping strategies through individualized sessions delivered in person or virtually. It reduces isolation and strengthens mental health during periods of significant life transition.

Okotoks Social Needs Priority: Accessibility & Inclusive Services
United Way Area of Focus: Mental Health