



Purple Day for Epilepsy Awareness 2026

WHEREAS Epilepsy is a neurological disorder characterized by recurring seizures that significantly impact an individual's physical, psychological, and social well-being. These seizures can occur at any time or place; and

WHEREAS Epilepsy awareness can increase the understanding of living with this condition, eliminate the stigma, and help those with epilepsy feel supported and less alone; and

WHEREAS One in one hundred Southern Albertans are currently living with a diagnosis of epilepsy; and

WHEREAS People of all ages, races, and backgrounds can develop epilepsy at any time in their lives; and

WHEREAS By learning about epilepsy and seizure first aid, we are better prepared to offer acceptance, understanding, and support for those impacted by epilepsy; and

THEREFORE Members of Okotoks Town Council, commend the work of Epilepsy Southern Alberta (formerly known as the Epilepsy Association of Calgary) in raising awareness and understanding of epilepsy, reducing stigma, and empowering those who live with epilepsy to participate fully in their communities, and do hereby proclaim March 26, 2026 Purple Day for Epilepsy Awareness in the Town of Okotoks.

Dated this 23rd day of March 2026.

Original Signed
