#### **FCSS Measures Bank Provincial Priority Measures**

#### Over-arching Goal: FCSS enhances the social well-being of individuals, families and community through prevention. SD1help SD2 help SD3 help SD4 help SD5 provide people to people to people to people and supports that communities to develop develop an develop help sustain interpersonal and independence. awareness of assume people as strengthen social needs: group skills responsibility for active coping skills which enhance decisions and participants in and become constructive actions which the community more resistant relationships affect them; and among people; to crisis; Strategic Directions (SD) Improved social well-being of Improved social well-Improved social wellbeing of families individuals being of community Outcome 1: Individuals Outcome 1: Healthy Outcome 1: The community experience personal well-being. functioning within families. is connected and engaged. (contributes to SD1) (contributes to SD1 & SD3) (contributes to SD1 through SD5) Indicators: Indicators: Indicators: Resilience; self-esteem; optimism; Positive family relationships: Social engagement capacity to meet needs; autonomy; Positive parenting Social support Positive family competence; personal engagement; Awareness of the community meaning and purpose communication Positive attitudes toward others and the community Outcome 2: Individuals are connected with others. (contributes to Outcome 2: Families have SD3) Outcome 2: Community social supports. (contributes to SD1, SD3 & SD5)) social issues are identified and Indicators: addressed. Quality of social relationships; social (contributes to SD 2 & SD4) Indicators: supports available; trust and Extent and quality of social belonging Indicators: networks Awareness of community Family accesses resources social issues as needed Understanding of community social issues Outcome 3: Children and youth Agencies and/or community develop positively. (contributes to SD1 members work in partnership through SD5) to address social issues in the Local FCSS programs Indicators: community and projects address Developmental assets local priorities based on social needs.

### Family & Community Support Services

# Measures Bank

#### **Provincial FCSS Priority Measures - Outcomes and Indicators Table of Contents**

Improved social well-being of Individuals	Page #	Internal Asset – Positive values	Dage #
bing.	Ċ	Asset #28 – Integrity	29
Resilience	1	Asset #30 – Responsibility	30
Self-Esteem	2	Asset #31 – Restraint	31
Optimism	3	Asset #32 – Planning & decision-making	32
Capacity to Meet Needs	4	Internal Asset – Social Competencies	
Autonomy	6	Asset #33 – Interpersonal competence	34
Competence	7	Asset #34 – Cultural competence	36
Personal Engagement	9	Asset #36 – Peaceful conflict resolution	38
Meaning and Purpose	10	Asset #37 – Personal power	39
Individual Outcome 2: Individuals are connected with others.		Asset #38 – Self-esteem	40
Quality of Social Relationships	11	Improved social well-being of Families	
Social Supports Available	12	Family Outcome 1: Healthy functioning within families	
Trust and Belonging	13	Positive Family Relationships	42
Individual Outcome 3: Children and youth develop positively.		Positive Parenting	43
List of Assets with no Priority Measures	14	Positive Family Communication	44
External Asset - Support		Family Outcome 2: Families have social supports.	
Asset #1 – Family Support	15	Extent and Quality of Social Networks	45
Asset #2 – Positive family communication	16	Family Accesses Resources as Needed	46
Asset #3 – Other adult relationships	17	Improved social well-being of Community	
Asset #4 – Caring neighbours; caring neighbourhood/community	18	Community Outcome 1: The community is connected and engaged.	
Asset #5 – Caring climate in child-car & educational settings	19	Social Engagement	47
Asset #6 – Parent involvement in child care, education & schooling	20	Social Support	48
External Asset - Empowerment		Awareness of the Community	49
Asset #7 – Community cherishes and values children/youth	21	Positive Attitude toward Others and the Community	50
Asset #8 – Children & youth as resources	22	Community Outcome 2: Community social issues are identified and	
Accet #9 - Service to others	23	Awareness of Community Social Issues	7
Asset #10 - Safety	24	Understanding of Community Social Issues	52
External Asset – Boundaries and Expectations		Agencies and/or Community Members Work in Partnership to Address Social Issues in the Community	53
Asset #15 – Positive peer influence	25		
Asset #16 – Positive expectations	26		
Asset #25 – Reading for pleasure	27		
Assot #36 - Caring	20		

Asset #26 – Caring

28

## Individual Outcome #1: Individuals experience personal well-being.

Indicator - RESILIENCE: the extent to which people are able to deal with life's difficulties

		Pro	Provincial Priority Measures	rio	rity M	easures		
#	Pre/Post Measures	Scale	Scale Source		#	# Post-Only Measures	Scale	Scale Source
					,	As a result of [Insert name]		
PM1	PM1 My belief in myself gets me through hard times.	A Sc	TRS		PM1	I am better at getting through hard times because I believe in myself.	A Sc	TRS-m
PM2	I am good at handling whatever comes my way.	A Sc	СТК		PM2	I am better at handling whatever comes my way.	A Sc	СТК
РМЗ	PM3 If something does not work, I am willing to try again.	F Sc	SPSI-m		РМЗ	I am more willing to try again if something I do doesn't work.	A Sc	A Sc SPSI-m
PM4	PM4 I know some healthy strategies to manage stress.	A Sc	С		PM4	I have some new information on how to better manage my stress.	A Sc	С

Page 1 Resilience

#### Indicator - SELF-ESTEEM: the extent to which people feel good about themselves Individual Outcome #1: Individuals experience personal well-being. IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS

		Pro	Provincial Priority Measures	rio	rity M	easures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
					,	As a result of [insert name]		
PM1	In general I feel positive about myself.	A Sc	NAW	_	PM1	I feel more positive about myself.	A Sc	NAW-m
PM2	I feel confident enough to share my ideas and feelings with others.	F Sc	CFCSS	-	PM2	I feel more confident sharing my ideas and feelings with others.	A Sc	CFCSS-m
РМЗ	I feel good about myself.	F Sc	СТК	_	РМ3	[Insert name] has helped me to feel good about myself.	A Sc	СТК
PM4	I feel good about myself because I help others.	F Sc	СТК		PM4	Helping others through [insert name] has helped me to feel good about myself.	A Sc	СТК
PM5	I feel important to my community.	F Sc	СТК		PM5	[Insert name] has helped me to feel important to my community.	A Sc	СТК
PM6	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	A Sc	CFCSS		РМ6	I have learned more about my ethnic group, such as its nistory, traditions and customs.	A Sc	CFCSS-m
PM7	I feel connected to my family's cultural traditions.	F Sc	СТК		PM7	I feel more connected to my family's cultural traditions.	A Sc	СТК
PM8	I understand my ethnic background.	A Sc	С	-	PM8	I understand my ethnic background better.	A Sc	С

Page 2 Self-Esteem

### Individual Outcome #1: Individuals experience personal well-being.

Indicator - OPTIMISM: the extent to which people expect the best possible outcome from any given situation and are hopeful about their future.

		Pro	Provincial Priority Measures	iori	ty M	easures eas		
#	Pre/Post Measures	Scale	Source	1	# F	# Post-Only Measures	Scale Source	Source
					/	As a result of [Insert name]		
PM1	I'm optimistic about my future.	A Sc	NAW-m	PM1	41	I'm more optimistic about my future.	A Sc	NAW-m
PM2	I feel good about my future.	F Sc	СТК	P	W2 [	PM2 [Insert name] has helped me to feel good about my future.	A Sc	CTK
PM3	I believe I have the ability to improve my life.	A Sc	С	PN	PM3	[Insert name] has helped me to believe I have the ability to improve my life.	A Sc	C

Page 3 Optimism

### Individual Outcome #1: Individuals experience personal well-being.

Indicator - CAPACITY TO MEET NEEDS: Ability to meet needs is the extent to which people have the life skills to function in a positive manner.

1			Provincial Priority Measures	riority	Measures		
Comm #	Communication #   Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I am able to express my emotions constructively.	A Sc	С	PM1	I am better able to express my emotions constructively.	A Sc	0
PM2	I am able to address conflict constructively.	A Sc	С	PM2	$\dots$ I am better able to address conflict constructively.	A Sc	0
PM3	I am able to speak up for what my family needs.	A Sc	PLCUS	PM3	I am better able to speak up for what my family needs.	A Sc	PLCUS-m
Health	Healthy Relationships						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM4	I know how to get along with other people.	A Sc	CTK-m	PM4	I know more about how to get along with other people.	A Sc	CTK-m
PM5	I am able to make friends.	A Sc	CTK-m	РМ5	I am better able to make friends.	A Sc	CTK-m
9МЧ	I know how to set personal boundaries.	A Sc	SRAS-m	РМ6	I know more about how to set personal boundaries.	A Sc	SRAS-m
Proble	Problem-Solving						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM7	I am able to solve problems.	A Sc	SPSI-m	РМ7	I know more about how to solve problems.	A Sc	SPSI-m
Planning	ing						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
РМ8	l plan ahead.	F Sc	CTK-m	РМ8	I plan ahead more often.	A Sc	CTK-m
9М9	I know how to prepare for my future.	A Sc	IFCSS-m	РМ9	I know more about how to prepare for my future.	A Sc	IFCSS-m

Money	Money Management						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM10	I know how to budget my money.	A Sc	С	PM10	I know more about how to budget my money.	A Sc	С
PM11	I know how to get by financially on my monthly income.	A Sc	CFCSS-m	PM11	I know more about how to get by financially on my monthly income.	A Sc	CFCSS-m
PM12	l am able to keep up with bills and commitments.	A Sc	CFCS-m	PM12	I am better able to keep up with bills and commitments.	A Sc	CFCS-m
Other	Other Life Skills						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM13	I work well with others on a team.	F Sc	СТК	PM13	I work better with others on a team.	A Sc	CTK
PM14	I take action towards improving my life.	F Sc	RVFCSS-m	PM14	I take action towards improving my life more often.	A Sc	RVFCSS-m

#### Individual Outcome #1: Individuals experience personal well-being.

## Indicator - AUTONOMY: the extent to which people feel free to do what they want and have the time to do it.

		Pro	Provincial Priority Measures	rio	rity Me	asures		
#	Pre/Post Measures	Scale	Scale Source		#	# Post-Only Measures	Scale	Scale Source
					,	As a result of [Insert name]		
PM1	PM1 I feel I am free to decide how to live my life.	A Sc	NAW		PM1	I feel more freedom to decide how to live my life.	A Sc	A Sc NAW-m
PM2	PM2 I feel I have control over things that happen to me.	A Sc	СТК		PM2	$\dots$ . I feel that I have more control over things that happen to me.	A Sc	CTK-m
					РМ3	[Insert name] has contributed to my ability to remain in my home.	A Sc	С

Page 6 Autonomy

### Individual Outcome #1: Individuals experience personal well-being.

Indicator- COMPETENCE: the extent to which people feel accomplishment from what they do and are able to make use of their abilities

#### Healthy Relationships Problem-Solving PM8 PM7 PM6 PM5 PM4 PM3 PM2 PM1 Communication # Pre/Post Measures ...solve problems Pre/Post Measures ...set personal boundaries Pre/Post Measures ...make friends ...speak up for what my family needs ...tell others about my ideas and my feelings ....listen to other people ...get along with other people I feel good about my ability to... ...address conflict constructively feel good about my ability to... feel good about my ability to.... Scale Scale Scale A Sc **Provincial Priority Measures** PLCUS-m Source SRAS-m Source Source SPSI-m CTK-m CTK-m CTK-m CTK-m C PM8 PM7 PM6 PM5 PM4 PM3 PM2 PM1 # # ...solve problems **Post-Only Measures Post-Only Measures** Post-Only Measures As a result of [insert name], I feel better about my ability to.... ...set personal boundaries As a result of [insert name], I feel better about my ability to.... ...speak up for what my family needs ...tell others about my ideas and my feelings As a result of [insert name], I feel better about my ability to.... ....listen to other people ...get along with other people ...address conflict constructively ...make friends Scale Scale Scale A Sc SRAS-m Source PLCUS-m Source Source SPSI-m CTK-m CTK-m CTK-m CTK-m C

Page 7 Competence

Planning	ng						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
	I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
PM9	plan ahead.	A Sc	CTK-m	РМ9	plan ahead.	A Sc	CTK-m
PM10	prepare for my future.	A Sc	IFCSS-m	PM10	prepare for my future.	A Sc	IFCSS-m
Money	Money Management						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
	I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
PM11	budget my money.	A Sc	С	PM11	budget my money.	A Sc	С
PM12	get by financially on my monthly income.	A Sc	CFCSS-m	PM12	get by financially on my monthly income.	A Sc	CFCSS-m
PM13	keep up with bills and commitments.	A Sc	CFCS-m	PM13	keep up with bills and commitments.	A Sc	CFCS-m
Other i	Other Life Skills						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
	I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
PM14	take action towards improving my life.	A Sc	RVFCSS-m	PM14	take action towards improving my life.	A Sc	RVFCSS-m
PM15	overcome life's challenges.	A Sc	IFCSS-m	PM15	overcome life's challenges.	A Sc	IFCSS-m

Page 8 Competence

### Individual Outcome #1: Individuals experience personal well-being.

# Indicator - PERSONAL ENGAGEMENT: how far people feel absorbed in what they do and that they have opportunities to learn.

			<b>Provincial Priority Measures</b>	rior	ity 1	easures		
#	# Pre/Post Measures	Scale	Scale Source	#	, P	# Post-Only Measures	Scale	Source
					Α	As a result of [Insert name]		
PM1	l get absorbed in what I am doing.	F Sc	NAW-m					
PM2	The things I do every day are a source of great pleasure and satisfaction.	F Sc	F Sc SC:NPHS-m	PM2	_	I now get more pleasure and satisfaction from the things do every day.	A Sc	A Sc SC:NPHS-m
PM3	PM3 I keep interested in things.	A Sc	TRS	PM3		I have been able to do more things that interest me.	A Sc	TRS-m

### Individual Outcome #1: Individuals experience personal well-being.

# Indicator - MEANING & PURPOSE: the extent to which people feel that what they do in life is valuable, worthwhile and valued by others

		Pr	Provincial Priority Measures	rio	rity M	easures		
#	Pre/Post Measures	Scale	Source		# F	Post-Only Measures	Scale	Source
					/	As a result of [insert name]		
PM1	I get the recognition I deserve for what I do.	F Sc	NAW-m		PM1 [	PM1 [Insert name] has helped me to feel recognized for what I do.	A Sc	С
PM2	I generally feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m	_	PM2	[Insert name] has helped me to feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m
РМЗ	I believe I make a difference when I volunteer.	A Sc	SEFCSS-m	_	РМ3	volunteering with [insert name], I believe I am making a difference.	A Sc	A Sc SEFCSS-m
PM4	I feel that I can make a difference.	F Sc	СТК	_	PM4	[Insert name] has helped me to feel that I can make a difference.	A Sc	СТК
					PM5	being involved in [insert name], I make my community a better place.	A Sc	C

#### Individual Outcome #2: Individuals are connected with others.

Indicator – QUALITY OF SOCIAL RELATIONSHIPS: How people experience their connections with others and the strength of those relationships

		Pra	Provincial Priority Measures	iorii	ty M	asures		
#	Pre/Post Measures	Scale	Source	#	# F	Post-Only Measures		Scale Source
					Þ	As a result of [Insert name]		
PM1	My relationship with (my family/my partner/my expartner/my friends/my coworkers/my neighbours) is enjoyable.	F Sc	NAW-m	P	≤1 ⊕ ₽	my relationship with (my family/my partner/my ex-PM1 partner/my friends/my co-workers/my neighbours) is more enjoyable.	elationship with (my family/my partner/my ex- friends/my co-workers/my neighbours) is more	/ family/my partner/my ex- ers/my neighbours) is more
PM2	I (meet/reconnect with/form new relationships with) people from my neighbourhood/community.	F Sc	C	P	PM2	with) people from my neighbourhood/communityI have (met/reconnected with/formed new	I have (met/reconnected with/formed new relationships with) people from my neighbourhood/community.	ed with/formed new relationships A Sc urhood/community.
РМЗ	I maintain my relationships with people from my neighbourhood/community.	F Sc	С	P	PM3 <sub>f</sub>	from my neighbourhood/community.	I am better able to maintain relationships with people rom my neighbourhood/community.	intain relationships with people ASc
PM4	I am connected to a group of people who share my beliefs and values.	A Sc	SC:C&Y1-m	P	PM4	I feel more connected my beliefs and values.	more connected to a group of people who share nd values.	to a group of people who share A Sc SC:C&Y1-m
PM5	I am connected with others in my neighbourhood/community.	A Sc	С	P	PM5	l am more connected with others in my neighbourhood/community.	vith others in my	vith others in my

#### Individual Outcome #2: Individuals are connected with others.

# Indicator - SOCIAL SUPPORTS AVAILABLE: The extent to which people have the support of family, friends and others available to them

	Provincial Priority Measures	P	Provincial Priority Measures	Prio	rity	<i>leasures</i>		
#	Pre/Post Measures	Scale	Source		#	# Post-Only Measures	Scale	Source
					_	As a result of [Insert name]		
PM1	I have people in my life who really care about me.	A Sc	NAW-m	P	PM1	I have more people in my life who really care about me.	A Sc	NAW-m
PM2	I know people I can rely on for help.	Q Sc	Ħ	P	PM2	I know more people I can rely on for help.	A Sc	HHI-m
РМЗ	I feel supported by [insert individual/group/program].	A Sc	С	P	РМ3	I feel more supported by [insert individual/ group/program].	A Sc	C
PM4	I can rely on [insert name] for support and help.	Q Sc	С	P	PM4	I know I can rely on [insert name] for support and help.	A Sc	C

#### Individual Outcome #2: Individuals are connected with others.

Indicator – TRUST & BELONGING: people's experiences of trusting other people, being treated fairly and respectfully by them, and feeling a sense of belonging with and support from people

SC:MH&D-m	A Sc	[Insert name] has helped me to feel a sense of belonging to my neighbourhood/community.	PM5	SC:MH&D-m	F Sc	I feel a sense of belonging to my neighbourhood/community.	PM5
SC:GSS-m	A Sc	I trust the people in my neighbourhood/community more.	PM4	SC:GSS-m	F Sc	I trust the people in my neighbourhood/community.	PM4
NAW-m	A Sc	[Insert name] has helped me to feel close to the people in my neighbourhood/community.	РМЗ	NAW-m	F Sc	I feel close to the people in my neighbourhood/community.	РМЗ
NAW-m	A Sc	people treat me with more respect.	PM2	NAW-m	F Sc	PM2 People treat me with respect.	PM2
NAW-m	A Sc	$\dots$ people in my neighbourhood/community help one another more.	PM1	NAW-m	F Sc	People in my neighbourhood/community help one another.	PM1
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		Measures	riority	Provincial Priority Measures	,		

## Individual Outcome #3: Children and youth develop positively.

#### There are no provincial priority measures for these indicators.

#### External Asset - Boundaries and Expectations

Indicator- Asset # 11 - Family boundaries

Indicator- Asset # 12 - Boundaries in the child-care & educational settings; School boundaries

Indicator- Asset # 13 - Neighbourhood boundaries

Indicator- Asset # 14 - Adult role models

#### External Asset - Constructive Use of Time

Indicator- combined assets #17 - #20 - Constructive use of time

#### Internal Asset - Commitment to learning

Indicator- Asset # 21 - Motivation to mastery; Achievement motivation

Indicator- Asset # 22 - Engagement in learning; Learning engagement; School engagement

Indicator- Asset # 23 - Home-program connection; Homework

Indicator- Asset # 24 - Bonding to programs; Bonding to school

#### Internal Asset - Positive values

Indicator- Asset # 27 - Equality & social justice

Indicator- Asset # 29 - Honesty

#### Internal Asset - Social competencies

Indicator- Asset # 35 - Resistance skills

#### Internal Asset - Positive identity

Indicator- Asset # 39 - Sense of purpose

Indicator- Asset # 40 - Positive view of personal future

SC:C&Y1-m	A Sc	my parents let me know that I am appreciated more often.	PM5	SC:C&Y1-m	F Sc	PM5 My parents let me know I am appreciated.	PM5
SC:C&Y1-m	A Sc	my parents listen to my ideas and opinions nore.	PM4	SC:C&Y1-m	F Sc	PM4 My parents listen to my ideas and opinions.	PM4
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
			12-18 years old	12-18 y			
SC:C&Y1-m	Y A SC	my parents let me know that I am appreciated more often.	РМЗ	SC:C&Y1-m	Y F Sc	PM3 My parents let me know I am appreciated.	РМЗ
SC:C&Y1-m	Y A SC	my parents listen to my ideas and opinions more.	PM2	SC:C&Y1-m	Y F Sc	PM2 My parents listen to my ideas and opinions.	PM2
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
			ars old	8-12 years old			
SC:C&Y1-m	A Sc	my family plays together more often.	PM1	SC:C&Y1-m	F Sc	My family plays together.	PM1
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		rear olds	nd 5-9 y	Parents of 3-5 and 5-9 year olds	$P\iota$		
		easures	rity Me	Provincial Priority Measures	Pr		
		Indicator- Asset # 1 - Family support	1 - Fa	or- Asset #	ndica		
		upport	et - Si	External Asset - Support	E		
		Individual Outcome #3: Children and youth develop positively.	n and	#3: Childre	ome #	Individual Outc	
		IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS	-BEI	IAL WELL	SOC	IMPROVED	

							, , , , ,
	IMPROVED SOCIAL WELL-BEING OF	SOCI	IAL WELI	BE	ING OF INDIVIDUALS		
	Individual Outco	me #	3: Childre	n an	Individual Outcome #3: Children and youth develop positively.		
		Ex	External Asset - Support	et -	Support		
	Indicator	- Ass	Indicator- Asset # 2 - Positive family com	itive	family communication		
			Ī				
		Pr	Provincial Priority Measures	rity I	Measures		
		Pa	Parents of 3-5 and 5-9 year olds	nd 5-9	) year olds		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	PM1 My family takes the time to listen to each other.	F Sc	PLCUS-m	PM1	<ul><li> my family takes the time to listen to each other more often.</li></ul>	A Sc	PLCUS-m
			8-12 years old	ars ol	d		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM2	PM2 My parents encourage me to do my best.	Y F Sc	M-1,7%0:0S	PM2	my parents encourage me more to do my best.	Y A SC	SC:C&Y1-m
			12-18 years old	ears o	d		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
РМЗ	PM3 My parents encourage me to do my best.	F Sc	SC:C&Y1-m	РМЗ	<ul><li> my parents encourage me more to do my best.</li></ul>	A Sc	SC:C&Y1-m

CTK-m	A Sc	care(s) about me.  At [insert name], I feel supported by the staff/my mentor.	РМ6	CTK-m		l feel supported by the staff/my mentor.	PM6
	A Sc		PM5	CTK-m	ΥFSc	I feel the staff/my mentor care(s) about me.	PM5
	A Sc	I know more adults that I can go to when I need help.	PM4	С	F Sc	I know adults that I can go to when I need help.	PM4
		As a result of [Insert name]					
le	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
			ars old	12-18 years old			
č	Y A Sc	At [insert name], I feel supported by the staff/my mentor.	РМ3	CTK-m	ΥFSc	I feel supported by the staff/my mentor.	РМЗ
č	Y A Sc	At [insert name], I feel the staff/my mentor care(s) about me.	PM2	CTK-m	Y F Sc	I feel the staff/my mentor care(s) about me.	PM2
č	Y A Sc	I know more adults that I can go to when I need help.	PM1	С	ΥFSc	I know adults that I can go to when I need help.	PM1
		As a result of [Insert name]					
le	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
			ars old	8-12 years old			
		easures	rity Me	Provincial Priority Measures	Pro		
		Indicator- Asset # 3 - Other adult relationships	)ther a	set # 3 - (	ator- As	Indic	
		upport	et - S	External Asset - Support	Ext		
		Individual Outcome #3: Children and youth develop positively.	1 and	: Children	ome #3	Individual Outc	
		IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS	-BEI	L WELL	SOCIA	IMPROVED	

## Individual Outcome #3: Children and youth develop positively.

#### External Asset - Support

Indicator- Asset # 4 - Caring neighbours; Caring neighbourhood/community

			Pa	<b>Parents</b>				
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	There are adults in my neighbourhood/community that children can look up to.	F Sc	SC:C&Y1-m	ס	PM1	l am more aware of adults in my neighbourhood/community that children can look A Sc up to.	A Sc	SC:C&Y1-m
PM2	My neighbourhood/community is a good place to bring up children.	A Sc	SC:C&Y1-m	ס	PM2	I realize my neighbourhood/community is a good place to bring up children.	A Sc	SC:C&Y1-m
			8-12 years old	ears	old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
РМ3	I feel comfortable asking my neighbors for help.	Y A Sc	С	ס	PM3	I feel more comfortable asking my neighbors for help.	Y A Sc	С
PM4	My neighbourhood/community is a friendly place to live.	Y F Sc	SC:C&Y1-m	ס	PM4	my neighbourhood/community feels like a friendlier place to live.	Y A Sc	SC:C&Y1-m
			12-18 years old	years	old		·	
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
					,	As a result of [Insert name]		
PM5	I feel comfortable asking my neighbors for help.	A Sc	С	ס	PM5	I feel more comfortable asking my neighbors for help.	A Sc	С
РМ6	My neighbourhood/community is a friendly place to live.	A Sc	SC:C&Y1-m	ס	РМ6	my neighbourhood/community feels like a friendlier place to live.	A Sc	SC:C&Y1-m

## Individual Outcome #3: Children and youth develop positively.

#### External Asset - Support

Indicator- Asset #5 - Caring climate in child-care & educational settings; Caring school climate

			8-12 y	8-12 years old			
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	l like school.	Y F Sc	CFCSS	PM1	I like school more.	Y F Sc	CFCSS-m
PM2	I feel like I belong at school.	Y F Sc	CFCSS	PM2	I feel more like I belong at school.	Y F Sc	CFCSS-m
			12-18 y	12-18 years old			
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
РМ3	I feel like I belong at school.	F Sc	CFCSS	РМЗ	I feel more like I belong at school.	A Sc	CFCSS-m
PM4	l like going to school.	F Sc	CFCSS	PM4	I like going to school more.	A Sc	CFCSS-m
PM5	I am treated with respect at my school.	F Sc	С	PM5	I am treated with more respect at my school.	A Sc	С
РМ6	PM6 We look after each other at my school.	F Sc	С	РМ6	we are better at looking after each other at my school.	A Sc	С
PM7	I participate in school clubs, teams or other school PM7 organizations (for example, school teams, bands, drama, student council).	F Sc	SC:C&Y2-m	PM7	eams, bands, drama, student council).	A Sc	SC:C&Y2-m

#### PM2 PM1 PM3 My parents participate in activities at my school PM6 My parents participate in activities at my school PM4 My parents talk with me about school PM7 My parents talk with me about school PM5 My parents help me with my homework. PM8 My parents help me with my homework. # # Pre/Post Measures Pre/Post Measures I participate in activities at my child's Pre/Post Measures (daycare/playschool/kindergarten/school). I talk with my child about (daycare/playschool/kindergarten/school). Indicator- Asset # 6 - Parent involvement in child care, education & schooling Individual Outcome #6: Children and youth develop positively. IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS F Sc Y F Sc F Sc Y F Sc Y F Sc F Sc F Sc F Sc Scale Scale Scale **Provincial Priority Measures** External Asset - Support SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m Source Source Source Parents of 3-18 year olds $\circ$ C 12-18 years old 8-12 years old PM8 PM7 PM6 PM4 PM3 PM2 PM1 PM5 . . . my parents help me more with my homework. YASc # Post-Only Measures school. **Post-Only Measures Post-Only Measures** ... my parents help me more with my homework. A Sc ... my parents participate more in activities at my A Sc ... my parents talk with me more about school. ... my parents participate more in activities at my As a result of [Insert name, (daycare/playschool/kindergarten/school) ... I talk with my child more often about ... I participate more in activities at my child's As a result of [Insert name] ... my parents talk with me more about school. school. As a result of [Insert name] (daycare/playschool/kindergarten/school) A Sc Y A Sc A SC A Sc Scale Scale Scale SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m SC:C&Y1-m Source Source Source C $\circ$

### Individual Outcome #3: Children and youth develop positively.

#### External Asset - Empowerment

Indicator- Asset #7 - Community cherishes and values young children; Community values children & youth

	3		ŀ	-	-	) Contract of the contract of	
PM4 adults in my neighbourhood/community value A Sc	outh more.	PM4 .	С	Č	A Sc	Adults in my neighbourhood/community value youth.	PM4
PM3 appreciated by my neighbourhood/community.	appreciated	PM3 a	С	Č	A Sc	I feel that what I have to offer is appreciated by my neighbourhood/community.	РМ3
As a result of [Insert name]	As a result	P					
y Measures Scale	Post-Only N	# P	Source	Scale S	Sı	Pre/Post Measures	#
		ars old	12-18 years old				
PM2 adults in my neighbourhood/community ask me to plan, choose or lead activities more often.	adults me to pla	PM2 n	CTK-m		Y F Sc	Adults in my neighbourhood/community ask me to plan, choose or lead activities.	PM2
t name], adults listened to what I had to	PM1 At [insert say.	PM1 S	CTK-m		:0 Y F Sc	Adults in my neighbourhood/community listen to what I have to say.	PM1
As a result of [Insert name]	As a result	A					
ly Measures Scale	Post-Only I	# P	Source	Scale S	Sı	Pre/Post Measures	#
		ırs old	8-12 years old				

	•				1			
	IMPROVED SOCIAL WELL-BEING OF	soc	IAL WEI	L-B	EIN	IG OF INDIVIDUALS		
	Individual Outco	me #	#3: Child	en a	nd y	Individual Outcome #3: Children and youth develop positively.		
		Exter	External Asset - Empowerme	t - Er	npo	werment		
	Indicato	r- Ass	et#8-C	hildre	n & 1	Indicator- Asset #8 - Children & youth as resources		
		Pı	Provincial Priority Measures	riority	/ Mea	sures		
		P	Parents of 3-5 and 5-9 year olds	and 5	-9 ye	ar olds		
#	Pre/Post Measures	Scale	Source		# P	Post-Only Measures	Scale	Source
					Α	As a result of [Insert name]		
	My child(ren) participate(s) when the family				•	my family is better at including my child(ren)		
PM1	makes decisions together about how to solve	F Sc	SC:C&Y1-m	P	<u>M</u>	PM1 when making decisions together about how to	A Sc	SC:C&Y1-m
	problems.				S	solve problems.		
			8-12	8-12 years old	old			
#	Pre/Post Measures	Scale	Source		# P	Post-Only Measures	Scale	Source
					А	As a result of [Insert name]		
PM2	I am included when my family makes decisions about how to solve problems.	YFSc	SC:C&Y1-m	Ъ	PM2 d	decisions about how to solve problems.	Y A Sc	SC:C&Y1-m
			12-18	12-18 years old	old			
#	Pre/Post Measures	Scale	Source		# P	Post-Only Measures	Scale	Source
					Α	As a result of [Insert name]		
РМЗ	I am involved in civic processes/what happens in my community.	A Sc	С	P	PM3 h	I am more involved in civic processes/what happens in my community.	A Sc	С
PM4	I look for opportunities to help others in my community.	F Sc	CTK-m	P	PM4 r	I look for more opportunities to help others in my community.	A Sc	CTK-m
PM5	l get opportunities to help make my neighbourhood/community a better place.	F Sc	С	P	PM5 .	I get more opportunities to help make my neighbourhood/community a better place.	A Sc	С

РМ3		#		PM2		#		PM1		#						
I spend time helping others in my neighbourhood/community.		Pre/Post Measures		I spend time helping others in my neighbourhood/community.		Pre/Post Measures		My/this child helps out in the neighbourhood/community.		Pre/Post Measures			In		Individual Outcome #3: Children and youth	IMPROVED
F Sc		Scale		Y F Sc		Scale		F Sc		Scale	Par	Pro	dicator	Extern	ome #3	SOCI
CTK-m		Source	12-18 years old	CTK-m		Source	8-12 years old	С		Source	Parents of 3-5 and 5-9 year olds	Provincial Priority Measures	- Asset #	al Asset	3: Childr	AL WEL
т			years	Т			years	TI			and 5	iority	- 6 ,	! - E	en a	L-E
PM3 r	/	# F	old	M2 ·	/	# F	old	PM1	Ļ	# F	5-9 ye	/ Mea	Serv	mpo	nd y	3EIN
I spend more time helping others in my neighbourhood/community.	As a result of [Insert name]	Post-Only Measures		PM2 neighbourhood/community.	As a result of [Insert name]	Post-Only Measures		my/this child helps out in the neighbourhood/community more often.	As a result of [Insert name]	Post-Only Measures	ar olds	asures	Indicator- Asset # 9 - Service to others	External Asset - Empowerment	outh develop positively.	IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS
A Sc		Scale		Y A Sc		Scale		A SC		Scale						
CTK-m		Source		CTK-m		Source		С		Source						

С	A Sc	M3 I feel safer in my neighborhood.	РМ3	С	A Sc	I feel safe in my neighborhood.	РМ3
		As a result of [Insert name]					
Source	Scale	# Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		old	12-18 years old	12-1			
С	Y A Sc	M2 I feel safer in my neighborhood.	PM2	С	Y A Sc	I feel safe in my neighborhood.	PM2
		As a result of [Insert name]					
Source	Scale	# Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
	'	old	8-12 years old	8-12			
SC:C&Y1-m	A Sc	W1 c there are now safe parks, playgrounds and play spaces in this neighbourhood/community.	PM1	SC:C&Y1	A Sc	There are safe parks, playgrounds and play spaces in this neighbourhood.	PM1
		As a result of [Insert name]					
Source	Scale	# Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		Parents of 3-5 and 5-9 year olds	5 and 5-	arents of 3-	P		
		Provincial Priority Measures	riority i	rovincial F	P		
		Indicator- Asset # 10 - Safety	sset#	licator- A	Inc		
		External Asset - Empowerment	et - Em	rnal Asso	Exte		
		Individual Outcome #3: Children and youth develop positively.	ren an	#3: Child	ome :	Individual Outc	
		IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS	LL-BI	IAL WE	soc	IMPROVED	

Page 24 #10 Safety

## Individual Outcome #3: Children and youth develop positively.

#### External Asset - Boundaries and Expectations

## Indicator- Asset # 15 - Positive peer relationships; positive peer influence

			8-12 years old	year	s old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I can trust my friends.	Y A Sc	RIP		PM1	I have more friends I can trust.	Y A Sc	RIP-m
PM2	I know I can count on my friends to do the right thing.	Y A Sc	RIP		PM2	$ PM2  \frac{1}{1000} \cdot \dots \cdot 1 \cdot Can count on my friends more to do the right thing. $	Y A Sc	RIP-m
РМЗ	I know I can count on my friends to support me to do the right thing.	Y A Sc	С		РМ3	PM3 I can count on my friends more to support me to do the right thing.	Y A Sc	С
			12-18 years old	year	s old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM4	I can trust my friends.	A Sc	RIP		PM4	I have more friends I can trust.	A Sc	RIP-m
PM5	I know I can count on my friends to do the right thing.	A Sc	RIP		PM5	I am better able to count on my friends to do the right thing.	A Sc	RIP-m
РМ6	I know I can count on my friends to support me to do the right thing.	A Sc	С		PM6	PM6 support me to do the right thing.	A Sc	С

	A Sc	$\dots$ my parents tell me when I do a good job more often.	РМ6	CTK-m	F Sc	My parents tell me when I do a good job.	РМ6
_	A Sc	my parents encourage me more to do my best.	PM5	С	F Sc	My parents encourage me to do my best.	PM5
		As a result of [Insert name]					
(U	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		old	12-18 years old	12-18			
	Y A Sc	$\dots$ my parents tell me when I do a good job more often.	PM4	CTK-m	ΥFSc	PM4 My parents tell me when I do a good job.	PM4
( )	Y A Sc	my parents encourage me more to do my best.	РМЗ	С	ΥFSc	My parents encourage me to do my best.	РМЗ
		As a result of [Insert name]					
יי	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		ld	8-12 years old	8-12 )			
	A Sc	I tell my/this child when she/he does a good job more often.	PM2	С	F Sc	PM2 I tell my/this child when she/he does a good job.	PM2
	A Sc	I encourage my/this child to do his/her best more often.	PM1	С	F Sc	l encourage my/this child to do his/her best.	PM1
		As a result of [Insert name]					
עו	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		r olds and 5-9 year olds	-5 year	Parents and caregivers of 3-5 year olds and 5-9	s and c	Parent:	
		Measures	iority h	Provincial Priority Measures	P		
		Positive expectations; High expectations	e expe		set#	Indicator- Asset # 16 -	
		External Asset - Boundaries and Expectations	daries	set - Boun	al Ass	Externa	
		nd youth develop positively.	en and	#3: Childr	ome	Individual Outcome #3: Children and youth d	
		EING OF INDIVIDUALS	L-BE	HAL WEL	SOC	IMPROVED SOCIAL WELL-BEING OF	

	IMPROVED SOCIAL WELL-BEING OF	SOCI	AL WEI	LL-	BEII	IG OF INDIVIDUALS		
	Individual Outco	ome #3	3: Childr	en .	and J	Individual Outcome #3: Children and youth develop positively.		
	Inter	nal As	set - Co	mn	itme	Internal Asset - Commitment to learning		
	Indicator- Asset # 25 -	Asset #		rly li	teracy	Early literacy; reading for pleasure		
		D	vincial D	<u>.</u>	tu Mo			
			Parents of 3-5 year olds	f3-5	vear a	lds		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I read to this/my child.	F Sc	С		PM1	I read more to this/my child.	A Sc	С
PM2	PM2 My/this child enjoys being read to.	F Sc	С		PM2	my/this child enjoys being read to more.	A Sc	С
			Parents of 5-9	f <b>5-9</b>	year olds	lds		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
РМЗ	PM3 My/this child enjoys reading	F Sc	С		РМ3	my/this child enjoys reading more.	A Sc	С
			8-12 years old	year	s old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM4	l enjoy reading.	Y F Sc	С		PM4	I enjoy reading more.	Y A Sc	С
PM5	I read for fun.	Y F Sc	CTK-m		PM5	I spend more time reading for fun.	Y A Sc	CTK-m
			12-18 years old	year	rs old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM6	l enjoy reading.	F Sc	С		РМ6	l enjoy reading more.	A Sc	С
PM7	I read for fun.	F Sc	CTK-m		PM7	I spend more time reading for fun.	A Sc	CTK-m

Ì			ĺ				Ì	
	IMPROVED SOCIAL WELL-BEING OF	SO(	CIAL WEL	L-E	3 <i>E</i> 11	IG OF INDIVIDUALS		
	Individual Out	come	#3: Childr	en a	nd :	Individual Outcome #3: Children and youth develop positively.		
		Inte	Internal Asset - Positive values	- Pc	siti	/e values		
		ln	Indicator- Asset # 26 -	set #	<sup>#</sup> 26	· Caring		
			I					
			Provincial Priority Measures	iorit	у Ме	asures		
	Paren	ts and	Parents and caregivers of 3-5 year olds and 5-9	-5 ye	ar ol	ds and 5-9 year olds		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	$My/this\ child\ responds\ appropriately\ to\ the$ feelings of others.	F Sc	SC-NLKTY	T	PM1	my/this child responds more appropriately to the feelings of others.	A Sc	SC-NLKTY-m
			8-12 years old	years				
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM2	I care about other people.	Y F Sc	СТК	T	PM2	I care more about other people.	Y A Sc	СТК
РМЗ	I show respect for other kids.	Y F Sc	SC-NLKTY-m	T	РМЗ	I show respect for other kids more often.	Y A Sc	SC-NLKTY-m
PM4	PM4 I show respect for adults.	Y F Sc	SC-NLKTY-m	-	PM4	I show respect for adults more often.	Y A Sc	SC-NLKTY-m
			12-18 years old	years	old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM5	I care about other people.	F Sc	СТК	T	PM5	I care more about other people.	A Sc	СТК
РМ6	PM6 I show respect for other kids.	F Sc	SC-NLKTY-m	T	РМ6	I show respect for other kids more often.	A Sc	SC-NLKTY-m
PM7	PM7 I show respect for adults.	F Sc	SC-NLKTY-m	T	PM7	I show respect for adults more often.	A Sc	SC-NLKTY-m

Page 28 #26 Caring

С	A Sc	I am better at doing what I believe is right even when it is hard.	PM5	С	F Sc	l do what I believe is right even when it is hard.	PM5
СТК	A Sc	I am better at standing up for what I believe.	PM4	СТК	F Sc	I stand up for what I believe.	PM4
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		l	ars old	12-18 years old			
С	Y A Sc	I am better at doing what I believe is right even when it is hard.	РМЗ	С	Y F Sc	I do what I believe is right even when it is hard.	РМ3
СТК	Y A Sc	I am better at standing up for what I believe.	PM2	СТК	Y F Sc	I stand up for what I believe.	PM2
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
			urs old	8-12 years old			
С	A Sc	my/this child better understands the difference between right and wrong.	PM1	С	F Sc	My/this child has a good sense of what is right and what is wrong.	PM1
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		olds and 5-9 year olds	year o	Parents and caregivers of 3-5 year olds and 5.	and car	Parents .	
		easures	rity Me	Provincial Priority Measures	Pro		
		- Integrity	# 28	Indicator- Asset # 28 - Integrii	Indic		
		ive values	Positi	Internal Asset - Positive valu	nterna	I	
		youth develop positively.	and	3: Childrer	me #3	Individual Outcome #3: Children and youth	
		IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS	-BEI	AL WELL	OCI.	IMPROVED S	

							:	
	IMPROVED SOCIAL WELL-BEING OF	SO	CIAL WEI	LL-E	3 <i>EI</i>	NG OF INDIVIDUALS		
	Individual Outcome #3: Children and youth de	ome	#3: Childr	en a	pu	youth develop positively.		
		Inte	Internal Asset - Positive values	- Pc	Siti	ve values		
	l	ndica	ator- Asset	# 30	- R	Indicator- Asset # 30 - Responsibility		
			Provincial Priority Measures	riorit	у Ме	asures		
		Par	Parents and caregivers of 3-5 year olds	givers	of 3	-5 year olds		
#	Pre/Post Measures	Scale	Source	#	# P	Post-Only Measures	Scale	Source
					Α	As a result of [Insert name]		
PM1	My/this child helps to pick up after him/herself.	F Sc	SC:C&Y1-m	PN	PM1 S	<ul><li> my/this child helps to pick up after him/her self more often.</li></ul>	A Sc	SC:C&Y1-m
		Par	Parents and caregivers of 5-9 year olds	givers	of 5	9 year olds		
#	Pre/Post Measures	Scale	Source	#	# P	Post-Only Measures	Scale	Source
					A	As a result of [Insert name]		
PM2	My/this child accepts responsibility for her/his actions.	F Sc	CTK-m	PN	PM2	<ul><li> my/this child is better at accepting responsibility for her/his actions.</li></ul>	A Sc	CTK-m
			8-12	8-12 years old	old			
#	Pre/Post Measures	Scale	Source	#	# P	Post-Only Measures	Scale	Source
					Þ	As a result of [Insert name]		
РМЗ	I take responsibility for my actions even when it is hard.	Y F Sc	C	P	PM3 a	I am better at taking responsibility for my actions even when it is hard.	Y A Sc	С
PM4	l do what I say I will do.	Y F Sc	С	PI	PM4	I am better at doing what I say I will do.	Y A Sc	С
			12-18	12-18 years old	s old			
#	Pre/Post Measures	Scale	Source	#		Post-Only Measures	Scale	Source
					Α	As a result of [Insert name]		
PM5	I take responsibility for my actions even when it is hard.	F Sc	С	PN	PM5 a	I am better at taking responsibility for my actions even when it is hard.	A Sc	С
РМ6	l do what I say I will do.	F Sc	С	PI	PM6	I am better at doing what I say I will do.	A Sc	С

	IMPROVED SOCIAL WELL-BEING OF	SO	CIAL WEL	<i>T-1</i>	3EII	IG OF INDIVIDUALS		
	Individual Outo	ome	#3: Childr	en :	pue	Individual Outcome #3: Children and youth develop positively.		
		Inte	Internal Asset - Positive values	-PC	ositi	ve values		
	Indicator- ASSET # 31 - Self-regulation; Healthy	ET#	<b>31 -</b> Self-re	gula	tion;	Healthy lifestyle; Restraint		
			I					
			Provincial Priority Measures	iorit	у Ме	asures		
	Paren	's and	Parents and caregivers of 3-5 year olds and 5-9	3-5 ye	ear ol	ds and 5-9 year olds		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
1Md	PM1 My/this child demonstrates self-control.	F Sc	SC-NLKTY-m		PM1	my/this child is better at demonstrating self-control.	A Sc	SC-NLKTY-m
			8-12 years old	years	old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM2	I control my temper.	Y F Sc	SC-NLKTY-m		PM2	I am better at controlling my temper.	Y A Sc	SC-NLKTY-m
РМ3	I say "no" to things I know are wrong.	Y F Sc	СТК		РМ3	I am better at saying "no" to things I know are wrong.	Y A Sc	CTK-m
			12-18 years old	year				
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM4	I say "no" to things I know are wrong.	F Sc	СТК		PM4		A Sc	СТК
РМ5	I stay away from violence and fighting.	F Sc	СТК		PM5	n better at staying away from violence and ያ፡	A Sc	СТК
9МЧ	l understand the potential consequences of my actions.	F Sc	С		РМ6	I better understand the potential consequences of my actions.	A Sc	С

	IMPROVED SOCIAL WELL-BEING OF	D SC	CIAL WI	<u> </u>	-BE	ING OF INDIVIDUALS		
	Individual Ou	tcom	e #3: Chil	dren	anc	Individual Outcome #3: Children and youth develop positively.		
		nterr	Internal Asset - Social competen	Soc	cial c	ompetencies		
	Indica	ator-	Asset # 32	- Pla	annin	Indicator- Asset # 32 - Planning & decision-making		
			Provincial Priority Measures	Prio	rity 1			
		P	Parents and caregivers of 3-5 year old	regiv	ers of	3-5 year old	ı	
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	My/this child gets to make simple choices.	F Sc	С		PM1	I provide more opportunities for my/this child to make simple choices.	A Sc	С
		$P\iota$	Parents and caregivers of 5-9 year olds	regive	ers of	5-9 year olds		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM2	My/this child makes good decisions.	F Sc	CTK-m		PM2	my/this child makes better decisions.	A Sc	CTK-m
РМЗ	PM3 My/this child is good at planning ahead.	F Sc	CTK-m		РМ3	$\dots$ my/this child is better at planning ahead.	A Sc	CTK-m
PM4	PM4 My/this child is good at solving problems.	F Sc	CTK-m		PM4	my/this child is better at solving problems.	A Sc	CTK-m
			8-1	2 yea	8-12 years old			
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM4	I make good decisions.	Y F Sc	CTK		PM4	I make better decisions.	Y A Sc	СТК
PM5	I am good at planning ahead.	Y F Sc	СТК		PM5	I am better at planning ahead.	Y A Sc	СТК
PM6	l am good at solving problems.	Y F Sc	СТК		PM6	I am better at solving problems.	Y A Sc	СТК

#32 Planning & Decision Making

			12-1	18 ye	12-18 years old	I		
#	# Pre/Post Measures	Scale	Source		#	# Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM7	PM7 I make good decisions.	F Sc	СТК		PM7	PM7 I make better decisions.	A Sc	СТК
РМ8	PM8 I am good at planning ahead.	F Sc	СТК		РМ8	PM8 I am better at planning ahead.	A Sc	CTK
РМ9	PM9 I am good at solving problems.	F Sc	СТК		РМ9	PM9 I am better at solving problems.	A Sc	CTK

3: Children and youth de
Internal Asset - Social competencies Indicator- Asset # 33 - Interpersonal skills; Interpersonal competence Provincial Priority Measures
me #3: Children and youth develop positively.  rnal Asset - Social competencies  33 - Interpersonal skills; Interpersonal competence  Provincial Priority Measures  Parents and caregivers of 3-5 year old
rity Measures  vers of 3-5 year old  # Post-Only Measures  As a result of [Insert name]
ls; Interpersonal competence  easures  3-5 year old  Post-Only Measures  As a result of [Insert name]  As a revy/this child is better at playing cooperatively
A Sc

#33 Interpersonal Competence

СТК	A Sc	PM13 I work better with others on a team.	PM13		СТК	F Sc	PM13 I work well with others on a team.	PM13
CTK-m	A Sc	PM12 I am better at telling others about my feelings. A Sc	PM12		CTK-m	F Sc	I am good at telling others about my feelings.	PM12
С	A Sc	I am better at naming my feelings.	PM11		С	F Sc	I can name my feelings.	PM11
СТК	A Sc	PM10 I am better at making friends.	PM10		СТК	F Sc	l am good at making friends.	PM10
CTK	A Sc	I get along better with others.	РМ9		CTK-m	F Sc	l get along with others.	PM9
		As a result of [Insert name]						
Source	Scale	Post-Only Measures	#		Source	Scale	Pre/Post Measures	#
			12-18 years old	2-18	L			
СТК	Y A Sc	I work better with others on a team.	PM8		СТК	Y F Sc	I work well with others on a team.	PM8

### Indicator- Asset # 34 - Cultural awareness & sensitivity; Cultural competence Individual Outcome #3: Children and youth develop positively. IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS Internal Asset - Social competencies

## **Provincial Priority Measures**

PM2 PM1 children who look or sound differently than My/this child knows about her/his cultural Pre/Post Measures lidentity. my/this child My/this child is comfortable being around Parents and caregivers of 3-5 year olds and 5-9 year olds A Sc F Sc Scale Source CTK-m  $\circ$ PM2 PM1 comfortable being around children who look or # **Post-Only Measures** cultural identity. sound differently than my/this child. As a result of [Insert name] ... my/this child knows more about her/his [Insert name] has helped my/this child feel more A Sc A Sc Scale CTK-m Source 0

			8-12 years old	ears	old			
#	Pre/Post Measures	Scale	Source		#	# Post-Only Measures	Scale	Source
					/	As a result of [Insert name]		
РМЗ	l am comfortable being around kids who look or sound differently than me.	Y F Sc	CTK-m	U	РМЗ	I feel more comfortable being around kids who look or sound differently than me.	Y A Sc	СТК
PM4	I know about people of other cultures, races and ethnic groups.	Y A SC	CTK-m	ס	PM4	I know more about people of other cultures, races and ethnic groups.	Y A Sc	СТК
			12-18 years old	year	s old			

				12-10 years ora	yeu	rs ou			
<b>.</b>	#	# Pre/Post Measures	Scale	Scale Source		#	# Post-Only Measures	Scale	Scale Source
							As a result of [Insert name]		
Р	PM5	I feel pride for my own culture, race or ethnic group.	F Sc	СТК		PM5		A Sc	СТК
P	M6	PM6 ethnic group.	F Sc	CTK-m		PM6	PM6 community.	A Sc	СТК

#34 Cultural Competence

	PM9 I feel	races	I have	or eth	DM7
races or ethnic groups.	I feel comfortable with people of other cultures,	races and ethnic groups.	I have a good understanding of other cultures,	or ethnic group.	I feel a strong attachment to my own culture, race
	F Sc	Ç	۸۶۲	,	> ?
	CTK-m	Ċ	C		0E088
	P		ס	-	D
 CL	/ <u>9</u>	CL	. α α	ייי כנ	
cultures, races or ethnic groups.	I feel more comfortable with people of other	cultures, races and ethnic groups.	I have a better understanding of other	culture, race or ethnic group.	I feel a stronger attachment to my owr
			·		
	with people of other $A_{ASC}$		nding of other	7	nt to my own

С	A Sc	I choose to resolve conflicts peacefully more often.	PM5	С	F Sc	PM5 I choose to resolve conflict peacefully.	PM5
СТК	A Sc	I am better at taking care of problems without violence or fighting.	PM4	СТК	F Sc	I am good at taking care of problems without violence or fighting.	PM4
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		ld	12-18 years old	12-18			
С	Y A Sc	I am better at taking care of problems without PM3 hitting, throwing a tantrum or using hurtful language.	PM	С	ΥFSc	I am good at taking care of problems without PM3 hitting, throwing a tantrum or using hurtful language.	РМЗ
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		d	8-12 years old	8-12 y			
С	A Sc	my/this child is better at resolving conflict peacefully with other children.	PM2	С	F Sc	My/this child resolves conflict peacefully with other children.	PM2
С	A Sc	my/this child is better at using her/his words to communicate with others.	PM1	С	F Sc	My/this child uses her/his words to communicate with others.	PM1
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	Pre/Post Measures	#
		olds and 5-9 year olds	-5 year	Parents and caregivers of 3-5 year olds and 5-9	ıts and	Paren	
		Measures	iority 1	Provincial Priority Measures			
		Peaceful conflict resolution	Peace	Indicator- Asset # 36 -	tor- /	Indica	
		competencies	ocial o	Internal Asset - Social competen	nterna	Ir	
		Individual Outcome #3: Children and youth develop positively.	en and	#3: Childre	come	Individual Out	
		EING OF INDIVIDUALS	L-BE	CIAL WEL	SO	IMPROVED SOCIAL WELL-BEING OF	

	IMPROVED SOCIAL WELL-BEING OF	SOC	CIAL WEL	L-BE	iii	) OF INDIVIDUALS		
	Individual Outc	ome	#3: Childre	n an	д уо	Individual Outcome #3: Children and youth develop positively.		
		Inter	Internal Asset - Positive identity	Posi	tive	identity		
	П	ndica	Indicator- Asset #37 - Personal power	37 - 1	ersc	onal power		
		ļ	Provincial Priority Measures	ority I	Meas	ures		
	Parent	s and o	Parents and caregivers of 3-5 year olds and 5-9	5 year	olds	and 5-9 year olds		
#	Pre/Post Measures	Scale	Source	#		Post-Only Measures	Scale	Source
					As	As a result of [Insert name]		
PM1	My/this child gets to make simple choices.	F Sc	С	PM1		I provide more opportunities for my/this child to make simple choices.	A Sc	С
			8-12 years old	ears ol	d		ı	
#	Pre/Post Measures	Scale	Source	#		Post-Only Measures	Scale	Source
					As	As a result of [Insert name]		
PM2	I feel that I can make a difference.	Y A Sc	CTK-m	PM2		[Insert name] has helped me to feel that I can make a difference.	Y A Sc	CTK-m
РМЗ	l am good at handling whatever comes my way.	Y F Sc	СТК	РМ3		[Insert name] has helped me to feel I am better at handling whatever comes my way.	Y A Sc	CTK
			12-18 years old	ears o	ld			
#	Pre/Post Measures	Scale	Source	#		Post-Only Measures	Scale	Source
					As	As a result of [Insert name]		
PM4	l feel that I can make a difference.	A Sc	CTK-m	PM4		[Insert name] has helped me to feel that I can make a difference.	A Sc	CTK-m
PM5	l am good at handling whatever comes my way.	F Sc	СТК	РМ5		[Insert name] has helped me to feel I am better at handling whatever comes my way.	A Sc	СТК

	IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS dividual Outcome #3: Children and youth develop positively.
Indicator- Asset # 38 - Self-esteem  Provincial Priority Measures	'- Asset # 38 - Self-esteem incial Priority Measures
Provincial Priority Measures  Parents and caregivers of 3-5 year olds and 5-9 year olds  Scale Source # Post-Only Measures  A SC SC NI KTV TO DAM 1 TO 1/this child shows more soft confidence.	year olds  y Measures  It of [Insert name]
# Post-Only Measures  As a result of [Insert name]  PM1 my/this child shows more self-confidence.  PM2 [Insert name] has helped my/this child to feel good about himself/herself.  old  # Post-Only Measures	y Measures  It of [Insert name]  nis child shows more self-confidence.
Scale A Sc	Scale Scale

#38 Self-esteem

CTK-m	A Sc	PM10 [Insert name] has helped me feel good about myself.	PM10	СТК	F Sc	PM10 I feel good about myself.	PM10
C	A Sc	PM9 I feel more confident to be myself.	РМ9	С	F Sc	PM9 I feel confident to be myself.	РМ9
C	A Sc	[Insert name] has helped me to understand it's okay to be myself.	PM8	С	F Sc	PM8 I know that it is okay to be myself.	РМ8

### IMPROVED SOCIAL WELL-BEING OF FAMILIES

### Family Outcome #1: Healthy functioning within families

# Indicator - POSITIVE FAMILY RELATIONSHIPS: Family members have positive relationships.

Parents have a positive relationship and support each other if applicable.

Family members care about each other.

Family members are safe from abuse, neglect and violence.

		1	Provincial Priority Measures	Pri	ority .	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	PM1 My family shares meals together.	F Sc	SC:C&Y1-m	_	PM1	my family shares meals together more often.	A Sc	SC:C&Y1-m
PM2	PM2 My family plays together.	F Sc	SC:C&Y1-m	_	PM2	my family plays together more often.	A Sc	SC:C&Y1-m
РМЗ	PM3 My family feels close to one another.	A Sc	С	_	РМЗ	my family feels closer to one another.	A Sc	С
PM4	PM4 In my family, we take the time to listen to each other.	A Sc	PLCUS-m	_	PM4	$\ldots$ . my family takes the time to listen to each other more often.	A Sc	PLCUS-m
PM5	PM5 My family can turn to each other for support.	A Sc	SC:C&Y1-m	_	PM5	$\ldots$ , my family has gotten better at turning to each other for support.	A Sc	SC:C&Y1-m

	IMPROVE	ري ا	7/1/1/	ĮĮ.	IMPROVED SOCIAL WELL-BEING OF EAMILIES		
	Family Out	come	#1: Heal	thy f	Family Outcome #1: Healthy functioning within families		
	Indicator – POSITIVE PARENTING:	AREN	TING: Pe	rent(	Parent(s) use positive parenting with their children		
		7	rovinciai	riori	Provincial Priority Measures		
	Parent Questions						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!"	F Sc	SC:C&Y1-m	PM1	I praise my child more often.	A Sc	SC:C&Y1-m
PM2	I am aware of how my child's needs change as he/she grows and develops.	A Sc	С	PM2	he/she grows and develops.	A Sc	С
РМЗ	I know how to discipline my child(ren) without hitting or spanking.	A Sc	PLCUS-m	РМЗ	without hitting or spanking.	A Sc	PLCUS-m
PM4	I make time to play or talk with my child(ren).	F Sc	PLCUS-m	PM4	I make more time to play or talk with my child(ren).	A Sc	PLCUS-m
PM5	I have confidence in my parenting skills.	F Sc	PLCUS-m	PM5	I have more confidence in my parenting skills.	A Sc	PLCUS-m
	Child and Youth Questions						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
РМ6	My parents listen to my ideas and opinions.	F Sc	SC:C&Y1-m	РМ6	my parents listen more to my ideas and opinions.	A Sc	SC:C&Y1-m
PM7	My parents let me know I am appreciated.	F Sc	SC:C&Y1-m	PM7	my parents let me know more that I am appreciated.	A Sc	SC:C&Y1-m
РМ8	My parents help me when I have problems.	F Sc	SC:C&Y1-m	РМ8	my parents help me more when I have problems.	A Sc	SC:C&Y1-m

SC:C&Y1-m	A Sc	my parents listen more to my ideas and opinions.	РМ5	SC:C&Y1-m	F Sc	PM5 My parents listen to my ideas and opinions.	PN
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	# Pre/Post Measures	#
						Child and Youth Questions	
С	A Sc	I am better able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	PM4	С	A Sc	PM4   I am able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	PN
С	A Sc	I know more about how to talk with my child about sensitive issues.	РМЗ	С	A Sc	PM3 I know how to talk with my child about sensitive issues.	PN
SC:C&Y1-m	A Sc	members of my family are better at expressing feelings to each other.	PM2	SC:C&Y1-m	A Sc	PM2 Members of my family express feelings to each other.	PN
SC:C&Y1-m	A Sc	I talk more calmly and respectfully with my child when he/she misbehaves.	PM1	SC:C&Y1-m	F Sc	PM1 When my child misbehaves, I talk calmly and respectfully with my child.	PV
		As a result of [Insert name]					
Source	Scale	Post-Only Measures	#	Source	Scale	# Pre/Post Measures	#
						Parent Questions	
		Provincial Priority Measures	Priority <b>Priority</b>	rovincial I	P		
			ı	ı	۱		
		ly members communicate effectively and positively	: Famil	ICATION	NUN	Indicator – POSITIVE FAMILY COMMUNICATION: Family members	
		Family Outcome #1: Healthy functioning within families	thy fur	#1: Heal	ome	Family Outo	
		BEING OF FAMILIES	VELL-	CIAL V	SC	IMPROVED SOCIAL WELL-BEING O	

### IMPROVED SOCIAL WELL-BEING OF FAMILIES

### Family Outcome #2: Families have social supports.

## Indicator - EXTENT AND QUALITY OF SOCIAL NETWORKS: Family has social networks to support them, e.g., extended family, friends and neighbours. The family can reach out and get support.

Quality of close relationships: family, friends, neighbours, etc. For example: family feels close to them, family feels at ease with them, family can share freely with them, and family can ask them for help or a favour.

		Pı	Provincial Priority Measures	iority I	Measures		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
DM1	I have family and friends who help me feel safe, secure and	٥ د د	SC-C&V1	DM1	[Insert name] has helped me to realize my family and friends	۸ در	SC:C&V1_m
7 141	happy.	A	oc.cal	7 171	help me feel safe, secure and happy.	1	0C.C&I I-III
DMS	My family has someone we trust that we can turn to for	> C	w 178J-J3	DMS	my family has more people that we trust and can turn to	200	A C6 C0.0 8V1 m
1417	advice.		3C.C&1 1-111	1 1/12	for advice.	) C	0C.CQ.
DM3	My family is connected to a group of people who share our	٥ د د	m_1.4%J.JS	DM3	my family is more connected to a group of people who	۸ ۲	a sc
7 1/10	beliefs and values.		οC.CαΠ-I-III	7 1410	share our beliefs and values.	A	0C.C&I I-III
PM4	PM4 My family has people we can count on to help us.	A Sc	С	PM4	my family has more people we can count on to help us.	A Sc	С
PM5	I know other parents in our neighbourhood/community that we can ask for help and support.	A Sc	С	PM5	I have met other parents in our neighbourhood/community we can ask for help and support.	A Sc	С

### PM2 PM3 PM1 I know what resources are available for my family. needed. l access the resources available for my family when Pre/Post Measures I can access the resources available for my family when we Indicator - FAMILY ACCESSES RESOURCES AS NEEDED: The family can access community resources when they need them. IMPROVED SOCIAL WELL-BEING OF FAMILIES Family Outcome #2: Families have social supports. Scale A Sc A Sc F Sc **Provincial Priority Measures** Source C C C PM3 PM2 PM1 # **Post-Only Measures** family when we need them. for my family. available for my family when needed. As a result of [Insert name] ..... I am better able to access the resources available for my ..... I have more information on what resources are available ..... I have been able to access more resources that are Scale A Sc A Sc A Sc Source C C C

## Community Outcome # 1: The community is connected and engaged.

Indicator - SOCIAL ENGAGEMENT: A diverse range of activities individuals participate in for their own enjoyment or benefit or to provide benefit to others in the wider community. Informal and formal volunteering is an example.

Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale
				As a result of [Insert name]	
know what is happening in my	> >	ר	D	[Insert name] has helped me to know what is happening in my	>
neighbourhood/community.	, L	C	-	neighbourhood/community.	7.00
feel a sense of belonging to my		SC-MH&D-m	DM	[Insert name] has helped me to feel a sense of belonging to my	v ec   ec.WH8D-m
neighbourhood/community.		OC:RII IQD-III	IVI	neighbourhood/community.	)
People in my neighbourhood/community are willing to help		SC:C&Y1-m	D.	people in my neighbourhood/community are more	٥
their neighbours.		OC.O&   1-	IVI	willing to help their neighbours.	7 00
get involved in neighbourhood/community events or	Π ()	SCS	DM	[Insert name] helps me to get involved in	> <
	1 30	Ü	141	neighbourhood/community events or activities.	Ĭ
I help out in my neighbourhood/community by	۳ کار ا	SCS-m	DM	I help out more in my neighbourhood/community by	۸ ۲
	J.C		141	volunteering.	7
- 10 10 - 10 - 1	ening in my nmunity. nmunity. nourhood/community are willing to help ghbourhood/community events or ghbourhood/community by	ening in my A Sc nmunity.  pnging to my nmunity.  pourhood/community are willing to help ghbourhood/community events or F Sc shbourhood/community by F Sc	ening in my A Sc nmunity.  onging to my nmunity.  oourhood/community are willing to help ghbourhood/community events or F Sc shbourhood/community by F Sc	ening in my  ening in my  ASC  nmunity.  ASC  C  nmunity.  FSC  SC:MH&D-m  pourhood/community are willing to help ghbourhood/community events or ghbourhood/community FSC  SCS-m  FSC  SCS-m	ening in my  ening in my  munity.  Asc  C  PM1  nmunity.  pourhood/community are willing to help asc ghbourhood/community events or Fsc SC:C&Y1-m  shbourhood/community by  Fsc SCS-m  PM3

Social Engagement

## Community Outcome # 1: The community is connected and engaged.

Indicator - SOCIAL SUPPORT: The activities individuals undertake, within the context of social relationships, to share information, and provide emotional or physical support

		Pro	vincial I	rio.	rity M	Provincial Priority Measures		
#	Pre/Post Measures	Scale	Source		#	# Post-Only Measures	Scale	Source
					,	As a result of [Insert name]		
PM1	I tell others about events, activities and resources in my (neighbourhood/community).	F Sc	С		PM1	I was able to tell others about events, activities and resources in my (neighbourhood/community).	A Sc	С
PM2	PM2 I provide support to others.	F Sc	С		PM2	I provided support to another person.	A Sc	С
РМЗ	PM3 I connect people with things they need.	F Sc	С		РМ3 t	I was able to connect another person with something they needed.	A Sc	С
PM4	PM4 I help other people in my (neighbourhood/community).	F Sc	С		PM4	I was able to help other people in my neighbourhood/community).	A Sc	С

Page 48 Social Support

IMPROVED SOCIAL WELL-BEING OF  Community Outcome # 1: The community is con Indicator – AWARENESS OF COMMUNITY: Awareness of and use of progr  Pre/Post Measures  Iknow how to access the community resources I need.  I am aware of what is happening in my community.  Asc  Asc  C  PM2 Iam								
Pre/Post	more aware of what is happening in my community. A Sc	of what is happening in my community	l am	PM2	С	A Sc	I am aware of what is happening in my community.	PM2
Pre/Pos	I know more about how to access the community  A Sc resources I need.	it how to access the community		PM1	С	A Sc		
Pre/Post	e]	e]	As a result of [Insert name]					
IMPROVED SOCIAL WELL-BEING OF COMM  Community Outcome # 1: The community is connected a lndicator – AWARENESS OF COMMUNITY: Awareness of and use of programs and Provincial Priority Measures  Provincial Priority Measures	Scale		Post-Only Measures	#	Source		Pre/Post Measures	
IMPROVED SOCIAL WELL-BEING OF COMM  Community Outcome # 1: The community is connected and Indicator – AWARENESS OF COMMUNITY: Awareness of and use of programs and			Measures	riority I	rincial P	Prov		
IMPROVED SOCIAL WELL-BEING OF COMM  Community Outcome # 1: The community is connected in the community in the community is connected in the community in the community in the community is connected in the community	ervices available in the community.	ervices available in the communit	use of programs and s	f and u	eness o	: Awar	Indicator – AWARENESS OF COMMUNIT	
IMPROVED SOCIAL WELL-BEING OF COMM	d engaged.	d engaged.	nity is connected and	mmun	The co	ne # 1:	Community Outcon	
	INITY	INITY	EING OF COMMUNITY	LL-BE	IL WE	SOCIA	IMPROVED :	

## Community Outcome # 1: The community is connected and engaged.

Indicator - POSITIVE ATTITUDE TOWARDS OTHERS AND THE COMMUNITY: How people feel, what they believe and what they value: Trust; Respect for diversity; Supporting others and receiving supp and social support inse of belonging to the community \* Also see social engagement

		Pr	Provincial Priority Measures	rio	rity N	leasures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
					,	As a result of [insert name]		
РМ1	PM1 I trust people in my neighbourhood.	A Sc	SC:GSS-m	Т	PM1	I am more trusting of people in my neighbourhood.	A Sc	SC:GSS-m
PM2	I feel a strong sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI	77	PM2	I feel a stronger sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI-m
РМЗ	I am comfortable being with people of other cultures, races or ethnic groups.	F Sc	СТК	-	РМ3	I feel more comfortable being with people of other cultures, races or ethnic groups.	A Sc	СТК
PM4	I respect members of my own culture/race/ethnic group.	F Sc	СТК	T	PM4	I have more respect for members of my own culture/race/ethnic group.	A Sc	СТК
PM5	I care about other people in my neighbourhood/community.	F Sc	CTK-m	T	PM5	I care more about other people in my neighbourhood/community.	A Sc	CTK-m

understand the impact of [insert community social issue]  A Sc	C PM3
understand why [insert community social issue] is	PM2
PM1   I understand [insert community social issue]. A Sc C	PM1
Scale Source	e # Post-Only Measures
Provincial Priority Measures	al Priorit
	l
Indicator –UNDERSTANDING OF COMMUNITY SOCIAL ISSUES: Understanding of existing/emerging social issues	AL IS
Community Outcome # 2: Community social issues are	socia
IMPROVED SOCIAL WELL-BEING OF	-TT-

Community Outcome # 2: Community social issues are identified and addressed.

## Indicator -AGENCIES AND/OR COMMUNITY MEMBERS WORK TOGETHER IN PARTNERSHIP TO ADDRESS SOCIAL ISSUES IN THE COMMUNITY: Partnerships created to

Levels of partnership: Communication, Cooperation, Coordination, Collaboration

		Pro	<b>Provincial Priority Measures</b>	ority	<i>leasures</i>	
# F	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale
					As a result of [Insert name]	
DM1	I have / My organization has good working relationships	> 00	7	DM1	I have / My organization has developed better working	> >
	with other community agencies.	į	C	141	relationships with other community agencies.	,
DMS	I am / My organization is able to serve the people in my	> 00	7	DMS	lam / My organization is better able to serve the people	> >
	community well.	Ş	(	1 1412	in my community.	2
ו	I have / My organization has the necessary knowledge to	> 00	7	DM3	I have / My organization has more of the necessary	ر د
_	help address this community social issue.	,	(	- 141	knowledge to help address this community social issue.	,
DMA I	I have / My organization has the necessary skills to help	٥ د د	D.	DMA	I have / My organization has more of the necessary skills	۸ ۲
	address this community social issue.	,	(	- 141	required to help address this community social issue.	Ş
ZWG	Community members are prepared/ready to take	> 0	7	DMA	community members are better prepared/more ready to	
	ownership of community initiatives.	,	C	141	take ownership of community initiatives.	į

### Instructions: Making sense of the *measures bank*

### What are measures?

Local FCSS programs and projects address local priorities based on social needs (FCSS Outcomes Model, March 2012, page 8). When developing a program logic model (PLM) for an FCSS initiative in your community, you identify outcomes that relate to your statement of need and the overall goal. Measures are the questions that relate to the indicators of the outcomes identified for the program or project being undertaken and are a way of evaluating how local FCSS programs make a difference in the lives of people and communities. (FCSS Outcomes Measures Training Workbook, 2010, page 3)

### Where the measures come from:

Many of the measures in this measures bank are survey questions drawn from a variety of sources, e.g. Statistics Canada, and the Colorado Toolkit. The questions drawn from these sources have been used and tested many times and are therefore considered 'reliable' and 'valid'. The Outcome Measures Trainers team created other measures when questions related to existing FCSS initiatives in Alberta communities were not found. For a complete list of sources, see the source list at the end of this section.

### How the measures bank document is organized:

The arrangement of the measures in this measures bank relate to the indicators of the outcomes identified in the FCSS Outcomes Model (March 2012). The measures are listed by indicator in the order they appear under each of the outcomes in the FCSS Outcomes Model. Each indicator has a separate worksheet.

At the beginning of some indicators, there is a group of measures identified as Provincial Priority Measures. These measures show the areas of interest of the Provincial FCSS Program. A complete list of the measures for that indicator follows.

The heading of the worksheet identifies whether the indicator relates to one of three areas: the improved social well-being of individuals, the improved social well-being of families or the improved social well-being of community. Next one of the outcomes related to individuals, families or community is shown followed by a specific indicator with the definition.

Here is an example:

IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS

Individual Outcome #1: Individuals experience personal well-being

Indicator: Resilience – the extent to which people are able to deal with life's difficulties

The worksheet then includes a chart with both pre-test/post-test measures and post-only measures. Pre-test/post-test measures are on the left side and post-only measures are found on the right side of the page. For each measure of the indicator (both pre-test/post-test and post-only), the following information is displayed:

- The number of the measure:
- The wording of the measure;

- The type of scale used with the measure; and
- The source of the measure.

### Process for using the measures bank:

The following process is suggested to find out how local FCSS programs and projects are benefitting or making a difference in the lives of people and communities they serve.

### How to proceed:

Develop or review the outcomes and indicators from your PLM for an FCSS program or project;

- 1. Check the chart in the provincial FCSS Outcomes Model (March 2012, page 8) to see if the indicators you identified for your program or project are listed;
- 2. If an indicator is listed, review the listing in the measures bank to determine if any of the measures or survey questions fit for your specific program or project;
- 3. Use any of the measures or survey questions that fit; and/or
- 4. If there is no measure that fits, then modify one of the existing measures, use measures from other sources or create measures when needed.

### Pre-post versus post-only testing:

(Adapted from The After School Initiative's Toolkit for Evaluating Positive Youth Development, The Colorado Trust, 2004; website: http://www.coloradotrust.org/attachments/0000/2849/ASIToolkitJun04.pdf)

The pre-post survey question asks participants to rate themselves on their current status. This rating is made twice – once at program start (pre-program) and once at program end (post-program). This method of questioning varies from the post-only question sets where participants are asked at program end to rate the amount of change they have made from program start to program end. An example question asked in each format is presented in the following table:

Pre-post test	Post-only test
Measure of positive attitudes toward others and the community:	
Administer at the beginning of the program or project:	
I feel a strong sense of community with the people on my block/in my neighbourhood.	
1. Strongly disagree	
2. Disagree somewhat	
3. Disagree	
4. Agree somewhat	
5. Agree	
6. Strongly agree	

Administer at the end of the program or project:

I feel a strong sense of community with the people on my block/in my neighbourhood.

- 1. Strongly disagree
- 2. Disagree somewhat
- 3. Disagree
- 4. Agree somewhat
- 5. Agree
- 6. Strongly agree

Analysis: Post-test rating is compared to the pre-test rating to see if any movement occurred.

Administer at the end of the program or project:

As a result of [insert name], I feel a stronger sense of community with the people on my block/in my neighbourhood.

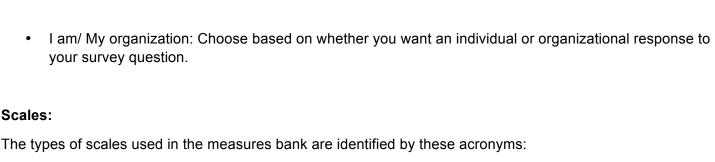
- 1. Strongly disagree
- 2. Disagree somewhat
- 3. Disagree
- 4. Agree somewhat
- 5. Agree
- 6. Strongly agree

Pre-post testing is designed to measure change mathematically in knowledge, attitudes, values, skills, and/or behaviour experienced by people participating in the program or project. Post-only testing measures reported change in these same areas by participants. Pre-post testing is considered to be stronger methodologically.

### Wording of measures:

Some of the measures listed provide options for the choice of wording. Here are some examples:

- [Insert name]: Fill in with the name of:
  - o the program, e.g., Home Support, Family School Liaison Program, etc.;
  - o the person, e.g., mentor, group leader, etc.; or
  - o the location, e.g., Youth Centre, Seniors' Centre, Community Resource Centre, etc.;
- [Insert population group]: Fill in with the name of the group you are interested in finding out about;
- [Insert type of abuse]: Fill in with the type of abuse you are interested in finding out about, e.g., physical abuse, emotional abuse, psychological abuse, financial abuse, child abuse, elder abuse, bullying, cyberbullying, workplace bullying, etc.);
- [Insert community social issue]: Fill in with the name of the specific community social issue you are interested in:
- My/this child: Parents, guardians, caregivers, and group leaders are surveyed instead of children under the age of 8 years of age. Younger children cannot answer survey questions reliably. Choose "my" for parents and guardians and "this" child for caregivers;
- Family/friends/neighbours: Choose based on which group(s) you want the person filling out the survey to think about when they respond;
- Child(ren)/spouse/partner/co-parent: Choose based on people you want the person filling out the survey to think about when they respond; and



Scales:

A Sc: Agreement scale

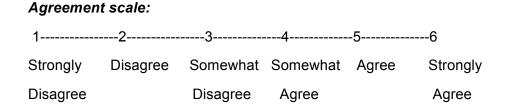
• F Sc: Frequency scale

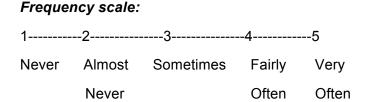
Q Sc: Quantity scale

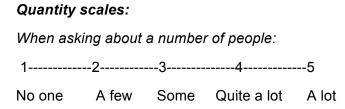
• FT Sc: False-True Scale

The full scales are shown below.

### For children 12 – 18 years of age and adults, use the following scales:







15
None Very little Some Quite a lot A lot
False-True scale:
15
False Mostly false Sometimes false- Mostly true True
Sometimes true
For children 8-12 years of age (These scales have a Y as part of the coding, e.g., Y A Sc):
Agreement scale (Y A Sc):
13
Not ReallyKind ofYes
Frequency scale (Y F Sc):
13
NeverSometimesMost of the time
Quantity scale (Y Q Sc):
When asking about a number of people:
14
No one A fewSomeA lot
When asking about an amount:
1
NoneA littleSomeA lot
Deverse england
Reverse scales:

An "R" or the word "reverse" next to the identification of the scale means the scale is reversed, i.e., put in the reverse order. For example, an agreement scale would range from Strongly Agree to Strongly Disagree. There are very few of these.

### Sources:

When asking about an amount:

A "C" in the source column means the measure was created.

An "-m" in the source column means the measure was modified.

Here is a listing of the sources of the measures listed in the measures bank.

- ASIS: Airdrie Social Integration Scale
- BSCI: Brief Sense of Community Index
- CFCS: Canadian Financial Capability Survey
- CFCSS: Calgary FCSS
- CORI: Canadian Outcomes Research Institute
- CTK: Colorado Toolkit
- HHI: Herth Hope Index
- IFCSS: Irricana FCSS
- NAW: National Accounts of Well-being
- PLCUS: Parent Link Centre Upstart Survey
- RS-ES: Rosenberg Self-esteem Scale
- RVFCSS: Rocky View County FCSS
- TRS: The Resiliency Scale
- SC:C&Y1/SC:C&Y2: Statistics Canada National Longitudinal Survey of Children and Youth Cycle 8 Book1 and Book 2
- SC:GSS: Statistics Canada General Social Survey 2008
- SC:HA: Statistics Canada, Canadian Community Health Survey on Healthy Aging 2010
- SC:MH&D: Statistics Canada, Canadian Community Health Survey on Mental Health and Discrimination
- SC:NLKTY: Statistics Canada National Longitudinal Survey of Kindergarten Teachers and Youth 2002 & 2003
- SC:NPHS: Statistics Canada National Population Health Survey
- SCS: City of Calgary Sense of Community Survey
- SEFCSS: South East Rocky View FCSS
- SI: Search Institute b & a
- SPSI: Social Problem-solving Inventory
- SRAS: Self-Reliance Achievement Scale
- WCFI: Wilder Collaboration Factors Inventory