



DIY Plant Fertilizer: Worm Casting Tea Recipe

Step 1

Buy some worm castings (worm poop) from your local garden centre.

Step 2

Create a tea bag out of an old stocking or sock, cheese cloth, or any other material that is flexible and porous.

Step 3

Fill your 'tea bag' with the worm castings and tie off the top. The amount of castings you will use depends on the size of the bucket you will steep it in. For a 5 gallon bucket, use 2-3 cups of castings.

Step 4

Fill the bucket with rain water (best) or tap water that's been sitting overnight (no chlorine please!) and submerge your tea bag into the water.

Step 5

Let your tea steep overnight.

Step 6

Use the tea to water your garden first thing in the morning to get maximum benefits from the microbes and to minimize evaporation from the sun.

Sources:

<http://wormcompostinghq.com/how-to-use-worm-compost/how-to-make-compost-tea-with-worm-castings>

<http://www.buywormcastings.com/DirtDynasty/BestWormTea>